

SWLSIYI

SW LONDON & SURREY IYENGAR YOGA INSTITUTE

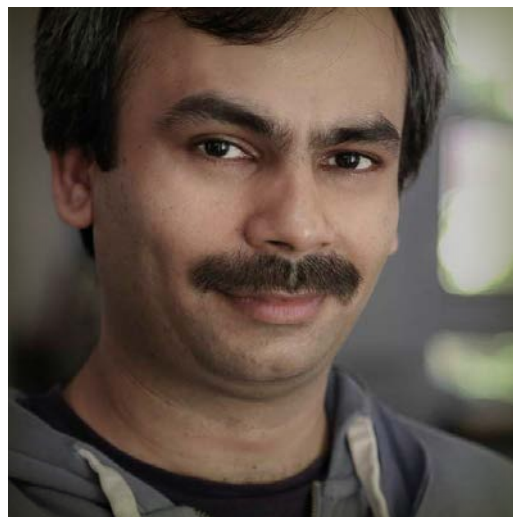
YOGA WORKSHOP

WITH

UDAY BHOSALE

16TH & 17TH JAN 2016 10:30AM-4:00PM • THE BHAVAN, LONDON
30 minute refreshment break included - refreshments will be provided

Uday Bhosale is a familiar face at the Ramamani Iyengar Memorial Yoga Institute in Pune where he began teaching regularly in 2001. Many of us here in the UK experienced Uday's teaching during his first extended stay in 2012, and he has remained a firm favourite since. We are delighted to welcome him back for another SWLSIYI workshop.



£45 1 DAY / £80 2 DAYS SWLSIYI MEMBERS

Priority booking now open.

£50 1 DAY / £90 2 DAYS NON-MEMBERS

Available to book 1st November 2015.

EMAIL SWLSIYI@GMAIL.COM TO RESERVE YOUR PLACE

Venue: The Bhavan, London

4a Castletown Road, London, W14 9HE

Nearest tube station: West Kensington

Venue details: www.bhavan.net

Advance payment required to confirm your place:

By Bank transfer – Payee: SWLSIYI / Customer Reference: YOUR NAME
Account number: 65389520 / Sort code: 08-92-99

Or send your cheque to: SWLSIYI c/o 36 York Road, Ealing, London W5 4SG

**We ask that those who are driving please bring their own equipment, so that those travelling by public transport, by bicycle or on foot may use the props available at the Bhavan.
Please bring your yoga mat, four/five blocks, two bricks, two belts and two blankets.**

This workshop is suitable for those with at least 1 year of recent and regular Iyengar yoga practice.