



First Aid Day
Saturday 11th June 2016
11am – 5pm
Iyengar Yoga Studio, Unit B006 Trident Centre,
89 Bickersteth Road, Tooting, London SW17 9SH

The course will be delivered by Garry Harvey, Director of Silver Cloud Academy. **SWLSIYI** had excellent feedback after the First Aid Days Garry gave us in December 2014 and September 2015. This is a certified training course meeting HSE standards in the workplace. Attendees will be given continuous assessment and on successful completion awarded with an **Emergency First Aid at Work Level 2** certificate, valid for three years. This is the certificate required by candidates for the Iyengar Introductory Level 2 assessment, and maintained by many teachers.

Priority booking is open to **SWLSIYI** members until 11th April; after that date, bookings will be open to non-members.

The fee is £60. Please contact **SWLSIYI** swlsiyi@gmail.com to make sure a place is available before sending your payment. Your payment confirms your place. Your place will be held for seven days from the date of booking, at which point it will be released if we have not yet received your payment. Receipts will be available on the day.

Cheques should be made payable to **SWLSIYI** and sent to Lesley Whiteley, 18 Lessar Avenue, London SW4 9HJ. **BACS** transfer details are: account no: 65389520, sort code: 08-92-99. Please be sure to add your name as a reference.

Venue: Free **parking** can be found on Rectory Lane and other roads in the Amen Corner area. Past Rectory Lane, look for Crowborough Road, then continue in that direction. These streets have one-hour controls for resident parking on weekdays, but parking is unrestricted on Saturdays. The nearest **Underground** station is Tooting Broadway (Northern line). A number of **bus** routes stop nearby, and the over ground **train** station is not far.

Do be sure to arrive promptly! If the course begins before you arrive, you'll be ineligible to receive the certificate.

Please bring a light **lunch**, and a flask if you want a hot drink (to avoid excess waste please).